

Report on Soft Skills Activities at Govt. College for Women Karnal (2017-18 to 2021-22)

Recognizing the significance of soft skill activities, the college administration has consistently organized programs and workshops to enhance the soft skills of its students. The initiatives taken are listed below:

2017-18 Academic Session:

1. Workshop on Effective Communication Skills: Conducted in September 2017, this workshop focused on improving verbal and non-verbal communication skills among the students. It included activities like role-plays, group discussions, and mock interviews.
2. Leadership Development Program: In January 2018, a leadership development program was organized to instill leadership qualities and decision-making skills among students. The program emphasized teamwork, problem-solving, and effective decision-making.

2018-19 Academic Session:

1. Time Management Seminar: Held in October 2018, this seminar aimed to enhance students' ability to manage their time effectively. The session included tips and strategies for setting priorities, setting goals, and avoiding procrastination.
2. Emotional Intelligence Workshop: Conducted in February 2019, this workshop focused on developing emotional intelligence skills among students. It included activities and discussions to help students understand and manage their emotions effectively.

2019-20 Academic Session:

1. Personality Development Workshop: In September 2019, a personality development workshop was organized to help students build confidence, improve body language, and enhance their overall personality traits.
2. Stress Management Session: Recognizing the increasing stress levels among students, a stress management session was conducted in January 2020. It aimed to equip students with techniques to manage stress effectively and maintain overall well-being.

2020-21 Academic Session:

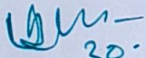
1. Public Speaking Competition: In October 2020, an online public speaking competition was organized to provide a platform for students to showcase their communication skills and boost their confidence.
2. Conflict Resolution Workshop: Conducted in February 2021, this workshop focused on teaching students effective ways to resolve conflicts, handle disagreements, and promote harmonious relationships.

2021-22 Academic Session:

1. Resume Writing Workshop: In September 2021, a workshop on resume writing was conducted to equip students with the skills to create impactful resumes and cover letters.
2. Professional Etiquette Training: In January 2022, a session on professional etiquette was organized to teach students the importance of workplace manners, professional behavior, and ethics.

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
---	-------------------------------------	-----------------------------	---

Personality Development & Interview Skills	19-09-2018	152	MEDHA N.G.O.
Employability Skill Enhancement training Workshop	from 19.12.2018 to 22.12.2018	105	U.N.D.P.Hero group of Industry
Vocational Education and Training	24-07-2019	157	District Employment Office
Seminar on Interview Skills and Group Discussions	11-10-2019	107	I.T.M. Mumbai
Seminar on Resume Writing and Vedic Mathematics	16-10-2019	136	Infomaths, Chandigarh
Psychological tests on happiness	01-01-2020	30	NSS Unit
Employability Skill Enhancement training Workshop	28-02-2020	130	PIET, Smalakha
Extension lecture on Communication Skills	06-05-2022	143	English literary society


 30.5.2023
Principal
Govt. College for Women
KARNAL
